### The effects of MDMA pre-treatment on behavioural responses to mephedrone in the rat The University of Nottingham

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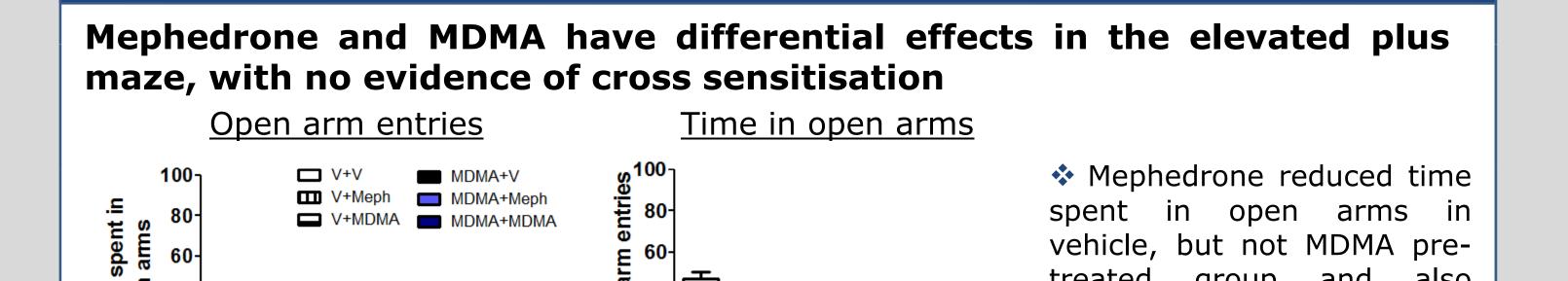
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# Introduction

cathinone derivative, 4-methylmethcathinone (mephedrone), was first The introduced to Europe in 2007 as a 'legal high' and since then has received substantial media attention having been implicated in a number of adverse events and deaths which resulted in its reclassification as a controlled substance in many European countries. Before the ban, mephedrone was the most popular of the



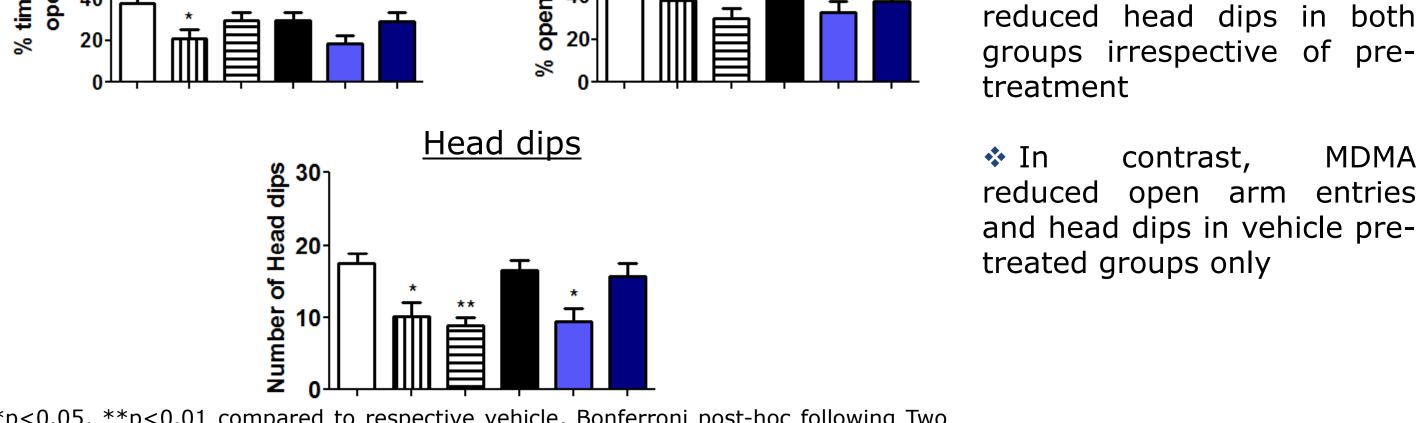
Results

cathinone derivatives to be used recreationally with users comparing its psychostimulant effects to those of 3,4-methylenedioxymethamphetamine (MDMA, 'ecstasy'; Winstock et al., 2011).

Acutely MDMA releases 5-HT and dopamine from nerve endings and can cause long term neurotoxic damage in the forebrain (Green et al., 2003). It also induces behavioural sensitisation in rats (Aberg et al., 2007). Initial studies investigating the effects of mephedrone in rats have revealed that it also releases neuronal 5-HT and dopamine (Kehr et al, 2011; Baumann et al., 2012). In addition, the majority of mephedrone users (87% of 1506 mephedrone users, mean age=26 years) have previously consumed MDMA (Winstock et al., 2011). This study therefore examined the effects of MDMA pre-treatment on subsequent responses of rats to mephedrone and MDMA using behavioural paradigms regulated by monoamine function.

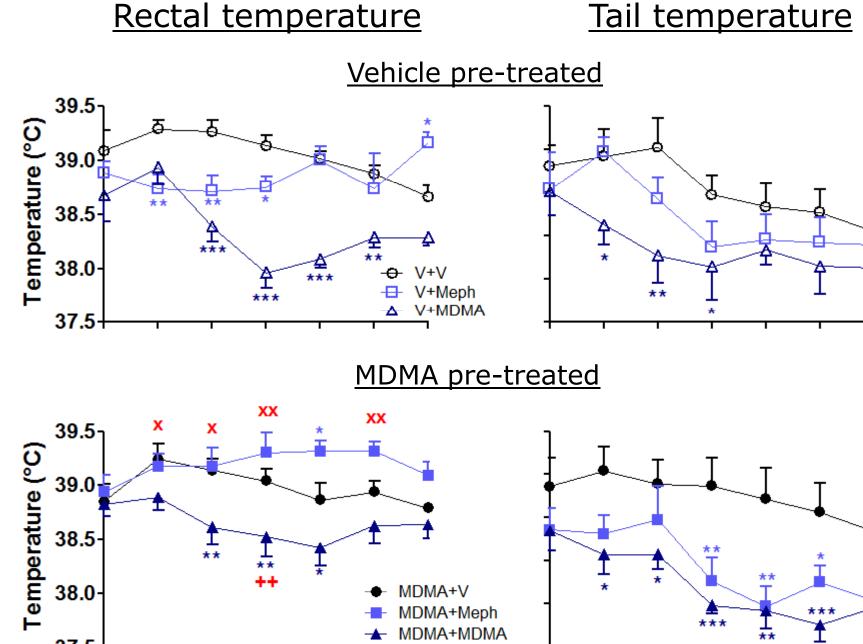
# Methods

Rats (n=8 per group, 170-205 g) received intraperitoneal (±)-MDMA-HCI (5 mg/kg) or saline vehicle (1 ml/kg; v) pre-treatment once daily for seven days (d 1-7), followed by a seven day rest period (d 8-14), as this protocol has been shown to induce sensitisation in previous studies in other rat strains (Aberg et al. 2007). Rats



\*p<0.05, \*\*p<0.01 compared to respective vehicle, Bonferroni post-hoc following Two way ANOVA

### MDMA pre-treatment has differential effects on mephedrone-induced changes in rectal and tail temperature



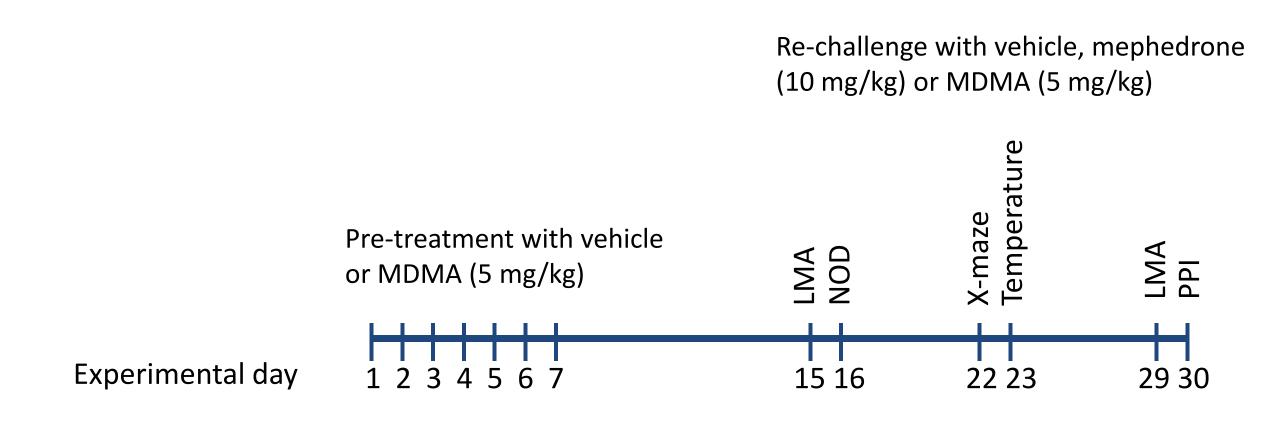
Mephedrone decreased rectal and tail temperature following vehicle pre-treatment

MDMA pre-treatment abolished mephedrone-induced hypothermia

MDMA challenge decreased rectal and tail temperature in both vehicle and MDMA pretreated rats

were subsequently challenged with saline vehicle  $(1 \text{ ml/kg}; v+v \text{ or MDMA}+v), (\pm)$ -MDMA-HCI (5 mg/kg; v+MDMA or MDMA+MDMA) or  $(\pm)$ -mephedrone-HCI (10 mg/kg; v+meph or MDMA+meph) on two consecutive days a week for three weeks (d 15, 16, 22, 23, 29 and 30), to mimic weekend-type recreational use in humans. On challenge days, rats were assessed for locomotor activity (LMA, d 15 and 29), novel object discrimination (NOD, d 16), elevated plus maze (x-maze, d 22), rectal and peripheral temperature changes (d 23) or prepulse inhibition of acoustic startle response (PPI, d 30).

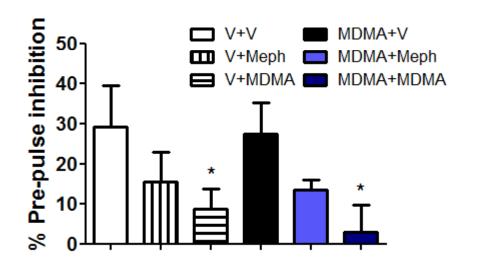
Experimental design



#### 37.5+ 20 40 60 80 100 120 Time (min) Time (min)

\*p<0.05, \*\*p<0.01, \*\*\*p<0.001 compared to respective vehicle; ++p<0.01 compared to v+MDMA; xp<0.05, xxp<0.01 compared to v+meph, Bonferroni post-hoc following Two way repeated measures ANOVA

#### MDMA reduced % prepulse inhibition following the 80 dB prepulse



There was a prepulse x treatment interaction effect so startle response to 80 dB was analysed independently of the other prepulses, as this is the most sensitive to changes in PPI

✤ MDMA significantly reduced % PPI at 80 dB following vehicle and MDMA pre-treatment

\*p<0.05 compared to respective vehicle, Bonferroni post-hoc following Two way ANOVA

#### Mephedrone and MDMA had no significant effect on novel object discrimination

There was no significant treatment x object interaction in the choice trial of NOD (F(2,42)=1.631, p>0.05), nor any significant effect of treatment on the discrimination ratio (p>0.05).

# Conclusions

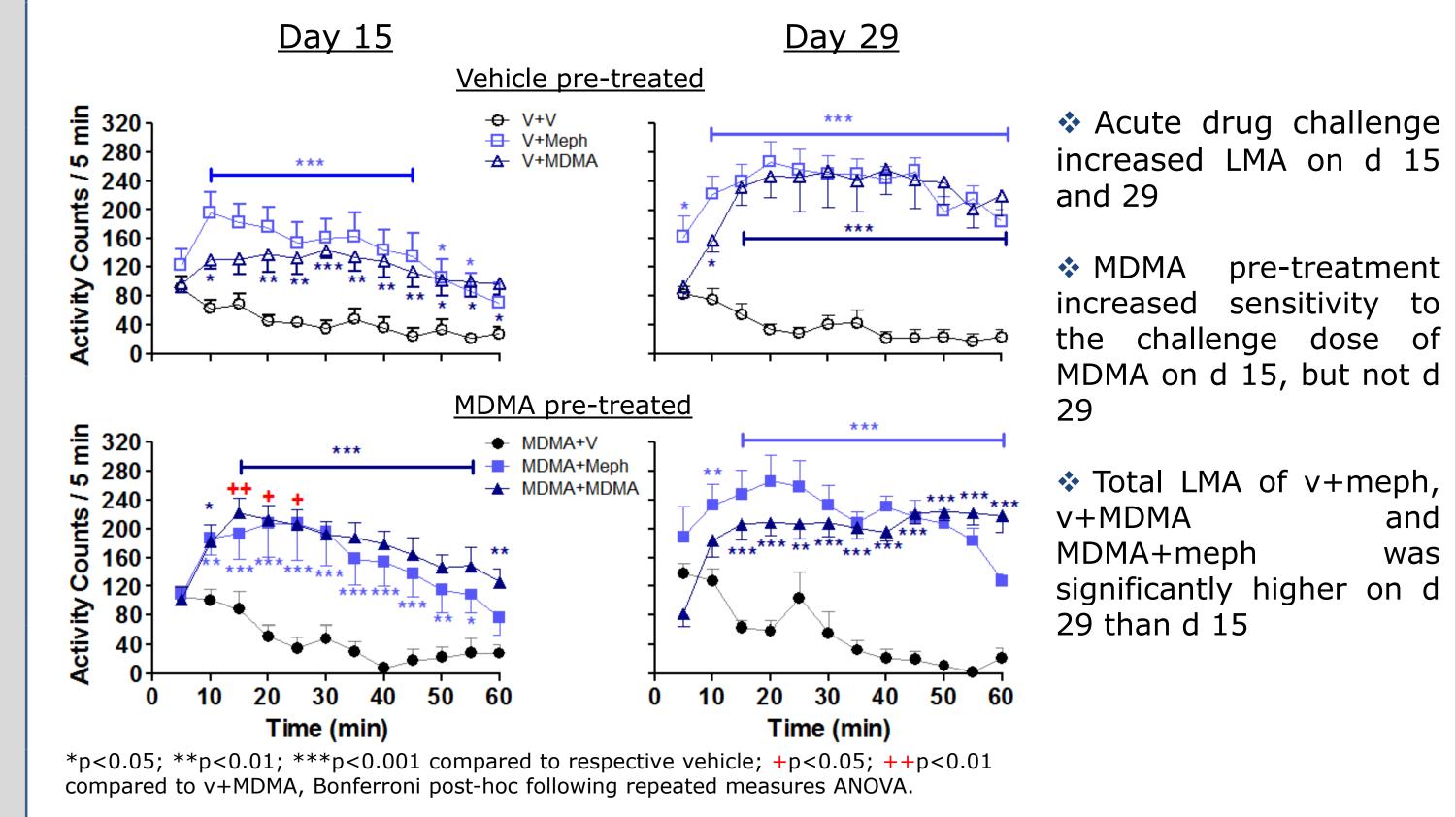
The initial LMA test revealed sensitisation of MDMA pre-treated animals to MDMA.

Subsequent testing suggested additional sensitisation of vehicle pre-treated animals

to MDMA across the challenge phase. Sensitisation to mephedrone is evident on day 29 compared to 15 but this is not caused by MDMA pre-treatment as it occurs in both pre-treatment groups. In contrast, there is evidence for possible crosstolerance between MDMA and mephedrone on rectal temperature. Despite similar effects of mephedrone and MDMA on anxiety and cognition (suggesting similar mechanisms of action) there was no evidence of cross-sensitisation between these two drugs.

## Results

MDMA pre-treatment caused sensitisation to LMA effects of MDMA, but not mephedrone



# References

Aberg et al., 2007. Neurotoxicol Teratol. 29, 37-46 Baumann et al., 2012. Neuropsychopharmacol. 37, 1192-1203 Green et al., 2003. Pharmacol. Rev. 55, 463-508 Winstock et al., 2011. Addiction **106**, 154-161

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# Acknowledgements

This study was funded by the University of Nottingham, School of Biomedical Sciences. There is no conflict of interest to report.